

Personal Goals and Celebration

Recognition for and celebration of reaching our personal goals assists us in enjoying our success and often leads to more success.

Quality in Practice

- Engage in person-directed planning so that a person's dreams and goals are known and strategies are in place to assist the person in reaching those dreams.
- Develop strategies that support people to begin to dream large, potentially life changing, dreams and goals.
- Assure that goals attained by people have significance to them. Support the staff and people supported to move beyond typical program goals to real life goals, such as building a career or business, getting involved in a hobby or community event, or becoming politically active.
- Celebrate milestones and accomplishments with people. Assure that celebrations are meaningful to the person and are similar to the types of celebrations that other community members would engage in.
- Support the person to understand the kinds of celebrations that most people take for granted – a nice dinner out when we get a new job or promotion; a weekend trip to celebrate a milestone birthday; a shopping trip for new clothes when we've lost some weight.
- Encourage people to invite friends and family to participate in their celebrations.
- Support the person to establish memories and a personal history. Assist the person to scrapbook, share photos, and keep personal journals so that accomplishments and fun times are available for everyone who knows the person to share and remember.
- Assure that when people engage in community activities, they get the same recognition other community members get for the same contributions, including having stories in the newspaper and being nominated for awards.
- Assure staff recognizes important and significant accomplishments with people no matter how small they may appear. Recognize that once people begin accomplishing their goals, they will have bigger goals in mind and bigger celebrations to go with them.